

Frassetto et al.¹ haben gezeigt, dass bei einer länger anhaltenden hohen Säurebelastung Knochenmineralien über den Urin ausgeschieden werden und die Knochenmasse kontinuierlich abnimmt. Für die hohe Säurebelastung in den westlichen Industrieländern^{2,3,4} sind Proteine bzw. die darin enthaltenen schwefelhaltigen Aminosäuren Methionin und Cystein verantwortlich^{5,6}.

Literatur

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